

Crisis Response Planning

Additional Resources

Crisis Line

National Suicide Prevention Lifeline: If you or someone you know is in crisis, you can call or text the National Suicide Prevention Lifeline at **988**, then **Press 1 for Veterans**, or text the Veterans Crisis Line by texting 838255.

Active Duty Resources

[Air Force & Space Force Resilience](#)
[Army Suicide Prevention](#)
[Coast Guard Suicide Prevention Program](#)
[Marine DSTRESS line](#)
[Navy 1 Small Act Suicide Prevention](#)
[Real Warriors](#)

Military/Veteran-Connected Specific Support

[Military OneSource](#)
[VA Vet Centers](#)
[Headstrong Project](#)
[Give an Hour](#)
[Vet4Warriors](#)
[Wounded Warrior Project's Care Network](#)
[Cohen Veterans Network](#)

General Information

[The National Resource Directory](#)
[American Foundations for Suicide Prevention](#)
[American Association of Suicidology](#)
[Tragedy Assistance Program for Survivors](#)
[The Columbia Protocol](#)
[QPR Institute](#)
[Living Works](#)

Courses in this Series



What is the Crisis Response Plan:
An Introductory Course for People who Support Veterans

[START LEARNING](#)

[What is the Crisis Response Plan: An Introductory Course for People who Support Veterans](#)



What is the Crisis Response Plan:
An Introductory Course for People Who Support Veterans

[START LEARNING](#)

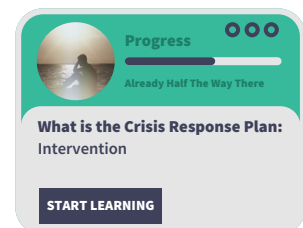
[How to Use the Crisis Response Plan: An Introductory Course for People who Support Veterans](#)



What is the Crisis Response Plan:
Introduction and Assessment

[START LEARNING](#)

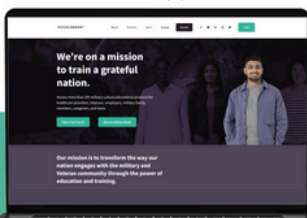
[Crisis Response Plan for Healthcare Providers: Introduction and Assessment](#)



What is the Crisis Response Plan:
Intervention

[START LEARNING](#)

[Crisis Response Plan for Healthcare Providers: Intervention](#)



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Crisis Response Planning

Additional Resources

Crisis Response Plan (CRP)

- Evidence-based treatment for suicide prevention
- Index card developed collaboratively with any person you are concerned about
- Used as a tool for individuals who are struggling with suicidal thoughts

Warning Signs



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What to Try



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Who to Reach out to



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Reasons for Living



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Reasons for Living



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In Emergency



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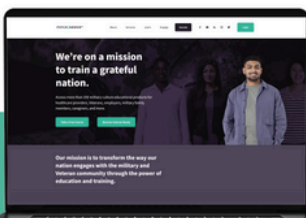
References

[National Center for Veteran Studies](#)

[Crisis Response Planning for Suicide Prevention](#)

[“Effect of Crisis Response Planning vs. Contracts for Safety on Suicide Risk in U.S. Army Soldiers: A Randomized Clinical Trial;”](#) Craig J. Bryan, Jim Mintz, Tracy A. Clemans, Bruce Leeson, Scott Burch, Sean R. Williams, Emily Maney, M. David Rudd; “Journal of Affective Disorders,” Volume 212, 1 April 2017, Pages 64-72.

[“Brief Cognitive-Behavioral Therapy for Suicide Prevention,”](#) Craig J. Bryan and M. David Rudd; Guilford Press, August 17, 2018



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